

Have I Got Parasites Questionnaire?

When the body is inhabited or colonised by unwanted bacteria, excess yeast or parasites for more than just short episodes, this reflects an imbalance not only within the digestive tract but also with the immune system. Weakened immunity significantly increases the risk of infection by these unwanted organisms, and parasites are no exception. In this way, the scene that favours food intolerance is also one that favours parasites.

Score 1 point for each of these questions.

Do any of the following regularly apply to you?

1. anaemia
2. excess wind
3. bloating
4. abdominal fullness
5. nausea
6. constipation
7. diarrhoea or irregular bowel motions
8. abdominal cramps or pain
9. fatigue
10. Inflammatory Bowel Disease (IBD) such as colitis or Crohn's Disease
11. Hives or a rash
12. teeth-grinding
13. weight loss (unexplained by any changes in diet)
14. rectal bleeding
15. joint and/or muscle aches and pains
16. food intolerances
17. owning pets
18. having children who visit other children who have pets
19. frequent international travel
20. drinking only tap water
21. history of previous parasitic infections (even if treated)
22. history of traveler's diarrhoea
23. history of family members with parasites
24. difficulty overcoming intestinal yeast growth

Contact Tess on 0410 476984 for an appointment to discuss your score

Disclaimer: This should not be taken as a diagnosis